

PROJECT CONCEPT**General Information:**

Project Title:	"Chatara Rehabilitation Project 2011-2012"		
Location of the Project	Barahakshetra VDC Ward No. 3 Sunsari, Nepal		
Name of Organization:	Volunteer Association for Disabled, Nepal (VAD-Nepal)		
Address:	Sitapaila-1 Kathmandu Telephone No: 014280005 Email vadnepal@yahoo.com Web: www.vadnepal.org		
Contact Person	Name	Position	Contact No.
	Roma Neupane	President	9841506900
	Chiranjeevy Pokhrel	Secretary/Project Manager	9851001169
Registration with Kathmandu District Administration Office.			
Registration No: 1102		Registration Date: 2063/03/07	
Last Renewal Date: 2067/06/5			
Affiliation with SWC Registration No: 16340			
Total Executive Members: 7		General Members: 23	
No of Paid Staff: 5			
Total Project Cost	NPR 2040000	US\$ 28732	
Funding Amount Requested	NPR 1020000	US\$ 14366	
VAD Nepal Contribution	Cash NPR 229500	Cash \$ 3232	
	Kind 76500	\$ 1077	
Community Contribution	Cash NPR 153000	Cash \$ 2154	
	Kind 51000	\$ 718	
Other Co-financing	Cash NPR 255000	Cash \$ 3591	
	Cash NPR 255000	Cash \$ 3591	
Starting Date	10th July 2011		Duration: 3 Years

Project Description

Objectives

1. To improve the condition of People with disabilities with the help of multi-disciplinary services (attention not only focused on the physical aspects of a disabled but also on his / her cognitive, socio-emotional development).
2. To organize social functions and create awareness about the range of problems and challenges that disabled people of Nepal face each day as they try to achieve dignity and independence.
3. To build up the capacity of new rehabilitation centre in Sunsari District that is helping disabled persons gain independence and dignity through programmes involving health, mobility and skills' training.

Project sector focus:

Disability, health, skills' training, community health, poverty alleviation.

Current Major Activities/Project

1. Assessing and treating disabled patients of Sunsari, Udayapur and Dhankuta
2. Survey of project location to register disabled person.
3. Building new rehabilitation Centre in Chatara

NGO BACKGROUND

VAD Nepal's mission is to carry out activities and programmes to help disabled children and adults become mobile, independent and trained in skills that can lead to employment...and so achieve dignity in their communities. VAD Nepal supports disabled persons of Nepal to achieve dignity and self-respect in their communities through rehabilitation programmes.

We have encouraged Roma Neupane to dance professionally in a Nepali cinema film and at social functions. She was in a car accident at age 8 in Sunsari District and had no prosthesis fitted until age 18.

One triple amputee member, Kamla, has been supported to produce a CD album of modern Nepali music composed by one of Nepal's top studios.

VAD Nepal has assisted several members to receive corrective surgery and be fitted with prostheses, calipers, crutches and wheelchairs.

Project Goal:

1. To highlight those disabled persons who have challenged and overcome their disadvantage to become "role models" and "success stories".
2. To build up the office and field-work capacity of VAD Nepal staff and volunteers at the new Rehabilitation Centre so that more programmes can be carried out to uplift disabled persons, with a special focus on disabled Child/ Women. To enable us to do that we require some office and physiotherapy equipment.
3. To train 2 staff member in physioaide skills to be more effective in field work.
4. To mobilize and rehabilitate 56 disabled kids and youth of remote area.
5. To expand our small referral office/ rehabilitation centre in Sunsari that will move to larger premises nearby in the coming year.
6. To be able to communicate well with donors, doctors and supporters with fast computer and internet connection so that we use office staff time efficiently.
7. To carry out assessment camps so that we reach out to those with all types of disabilities in remote areas with community-based rehabilitation programmes.
8. To make treatment affordable, or free, for the poorest of patients.

Why is the project needed:

VAD Nepal was registered as an NGO with the Social Welfare 8 years ago and has since been helping disabled persons of Nepal through community-based rehabilitation, counseling, arranging of surgery to correct deformities, such as cleft lip, burns and club feet, fitting of artificial limbs and other assistive devices, physiotherapy and promoting disabled artists to become independent and employable and achieve dignity and usefulness in their lives and community.

Though much is being done now to open up opportunities for disabled people in city areas, there are many in remote rural areas still requiring even basic assessment, rehabilitation and the funds to afford that Care. With initial setup funding from MEND and patient care costs funded by partner Hope Centre (Gulmi), VAD Nepal started a centre in Barahakshetra VDC Sunsari District so that it can carry out programmes to reach out to disabled persons in some of the poorest areas of ,Eastern Part of Nepal.

AIM: To construct a modern Rehabilitation centre in Chatara to provide quality medical and rehabilitation services to that remote community.

BACKGROUND: Sunsari (Chatara), Sapta Koshi River, the largest River of Nepal, near Chatara, the foothill town in Sunsari where it opens up wider touching the plains of the Terai, this location is also a border point of three district of Eastern Nepal. Baraha Chhetra, located 5 km north of Chatara, is the site of an annual religious festival and is sacred to both Hindus and Buddhists.

Currently in Chatara is a building government health post with No rehabilitation Services such as Physiotherapy. The main building offers little comfort for waiting patients and the three rooms used by staff are small and crowded. There are no maternity beds for overnight care, or emergency equipment and only a small pharmacy with varying, limited quantities of drugs that are donated from the NGO or supplied by the government. A few of community nurse, whose small salary is sponsored by a NGO, provides the only medical service in Chatara distributing medicines, offering advice and referrals to larger hospitals in Dharan (2- 3hours away). Sometimes, in summer, the road is block because of small river to reach in Dharan. All patients who cannot walk to the health post must be carried by porter. The population consists of, Chettri and Rai castes and the health post serves about 25000 in that surrounding district.

The BUILDING: To avoid complications and conflict by using government land and old buildings, suitable land about 17 metres by 15 metres donated by the local Forest Committee (Village Development Committee) to construct a new accessible, 9 room, single floor, 11 metre x 11 metre stone and wood building using local construction methods. Most wood will be donated as will much labour with the idea that all contributors are later compensated by free medical services for their donation of time and energy.

MANAGEMENT: The one year Rehabilitation Project and construction phase will be managed by the VAD Nepal (a KTM registered NGO) but on completion, handed over to a local people to be run by committed members selected from all castes and both genders equally. With this project successfully driven by the youth of the district their future participation and "ownership" of the Rehabilitation Centre will be ensured as they eventually become community leaders.

Activities to be carried out under project

1. To expand our small referral office/ rehabilitation centre in Kathmandu/Sunsari that will move to larger premises nearby in the coming year.
2. To lobby for the freedom of expression and highlight those disabled persons who have challenged and overcome their disadvantage to become "role models" and "success stories".
3. To publish pumplate, steker and create awareness about the range of problems and challenges that disabled people of Nepal.
4. To Propose innovative ways for the future for disabled persons of Nepal using overseas disability systems as models of discussion.
5. Assess human rights and access issues for disabled persons of Nepal.
6. To be able to communicate well with donors, doctors and supporters with fast computer and internet connection so that we use office staff time efficiently.
7. To carry out assessment camps so that we reach out to those with all types of disabilities in remote

areas with community-based rehabilitation programmes.

8. To make treatment affordable, or free, for the poorest of patients. That we care for all patients, regardless of caste, gender and disability, with fairness.
9. To be accountable and transparent in managing this project.
10. To set up an income-generation programme for disabled women and men.
11. To provide physioaide training to staff member.
12. To rehabilitate 56 disabled persons of Sunsari

Project Participants: People with disabilities, Families

Expected Change:

1. Links will be made to existing free and subsidized NGO and state disability and health support services so that funding will be utilized for those special needs not covered by other grants, NGOs or family.
2. Success stories of those who have overcome their disabilities will be shown as role models to encourage others.
3. The beneficiaries will get regular, caring follow-up support that will ensure steady progress towards them becoming mobile and useful to their communities.
4. The beneficiaries will aware that there's facilities which is provided from others agency, such as employment agency, Discount and special Protection from Public bus's transport etc.
5. VAD Nepal staff who will gain more experience as each new case is treated and followed up. The office staff will ensure banking is done, accounts and files tidy.
6. Beneficiaries include disabled clients, their families who benefit from improved health and mobility of their dependents, the wider community, and also many cases require constant monitoring and changes made to continue the process of relearning to walk, or to repair hearing aid, or refit a limb as a child grows.
7. Donors also beneficiaries when they see their funds being spent wisely and to those in greatest need.

Continuation of the activities after withdrawn of financial assistance.

This project will be sustained by establishing close links with local, national and international support organizations and hospitals that provide us low cost services.

1. By carrying out programmes and services that enhance the reputation of Rehabilitation Centre amongst clients and their family, local government and international donors.
2. By having accurate audited accounts and transparency in all financial matters.
3. By having quality website that contains progress patient reports, news and appreciation of all donors.
4. The skills' training programme and income-generation scheme will be sustained by having a quality product sold at an affordable price and reasonable wages from that for cooperative members.

Implementation responsibilities & Bio -Data

1. Roma Neupane:

A founded Member of VAD Nepal is now well known on both Nepali film and overseas as a actor (Dance) who does so on one leg. Personalities awarded Celebrating Womanhood Navadevi Award - 2008. Performances as a Nepali culture Dance in Israel-Tel-aviv Korea-The 19th Asian Monodrama Festival, India-SAMBHAV 2008 New Delhi,

2. Mr Chiran Pokhrel:

Field worker for National Disabled Fund (supported by Handicap International) with CBR (community-based rehabilitation) Programme in Kathmandu: from 2007-2010, Founder of VAD Nepal in 2004. Management of VAD Nepal to 2010, Supporting, Roma Neupane to become well known disabled dancer, Visited Israel in 2005 and gave paper on disability while Roma having quality limb fitted. Good computer and facilitation skills to make things happen! Good English to relate to donors and supporters. Hospitality and hotel management for 5 years in Thamel.

Implementation/Work Plan						
<ol style="list-style-type: none"> 1. Deposit the entire Project grant in a separate VAD Nepal bank account. 2. Order all items and pay a deposit only by Cheque along with a signed journal voucher 3. Select disabled artist for Social functions. 4. Organize Social functions in VAD Nepal's Office's Compound(Sept,Oct,Nov 2011) 5. Start to Construction of new Centre 1st Phase(Sept 2011) 6. Send 3 monthly report to Donor 7. 8. 9. 10. 11. 						
General Annual Budget Breakdown for 2011-12						
Nature of Funding			Internal Source		Committed Amount from the Donor	Amount Requested
S.N	Particular	Amount	VAD Nepal Contribution	Community contribution		
1	House Rent of Rehabilitation Centre @ 2500/Month	96000	96000	-	-	-
2.	Office Equipments,	92000	17000	12000		63000
3.	Phone /Email / post /Commutation Cost	24000	24000	-	-	-
5.	Staff Travel Cost	34000	34000	-	-	-
6.	Salary of 3 Staff @ 24000/Month	288000	30000	102000		156000
7	PRT Training @ 35000 each	70000	-	10000		60000
7	Physiotherapy Equipment	2,50,000	10000	10000		
8	Purchase & transport of all items to Sunsari	14000	14000	-		-
8	Rehabilitation of 56 kids & youth @ Rs.12000 Each	6,72,000	43000	20000		609000
9	Construction Cost of new Centre 1 st Phase	500000	38000	50000		412000
Total Cost of 1st Year		20,40000	306000	204000		1530000

Budget Information			
Total Project Cost			20,40000
VAD Nepal Contribution	From Home Stay Program	40500	306000
	From All Nepal Tour	76500	
	Volunteer	189000	
Community contribution	Membership	35500	204000
	Volunteer	168500	
Committed Amount from the Donor			
Organization/ Individual donor		Amount	
MEND			
Amount Requested			1530000
NOTE:			
<ol style="list-style-type: none"> At the Centre's Committee of 7 persons who are all volunteers. They will be mentoring/ arranged Community contribution and managing the construction of new Centre and arranged the donation of 1500 square meters of land to VAD Nepal. Committed Amount from the Donor is from Amount Requested for all interested individual donor/Funding Agency/ and a Social Contribution from Business House, Organization, Corporate, School, College, Professional Institute: 			
<p>All donors are invited to come and visit and work on this project and to be placed on "thank you" notice in Our Website/News letter/ Media Cover etc.</p>			
<p>There are many benefits from donate and reasons why you might decide to become a part of Our Project. These include:</p>			
<ul style="list-style-type: none"> Personal satisfaction Contribution to other people's well being. Personal achievement in accomplishing tasks. Gaining self-confidence Social inclusion. Community involvement. Meeting new people. Learning new skills and knowledge. Help young people with career experience. Having fun. 			
Volunteer			
<p>We arrange the placements for the students and teachers of Universities and colleges, other organizations and clubs, church groups, youth groups, retired and overall experienced seniors, families and interested individuals for meaningful volunteer experiences. All applicants should have: a desire to help the people of Nepal, flexibility, self-motivation, openness to a new culture and a willingness to learn.</p>			